

I am autistic adult which I was diagnosis in January 2017 which took me over four year to be diagnosis with autism spectrum disorders. I have been bouncy for services and health professionals and social services and I given a hard time at present having autism because local Cardiff and Vale uhb doesn't have neuro development for adult which I think would beneficial.

Also with Cardiff and Vale uhb their is autistic nurse which she doesn't see autistic people which I think it no right have her in the job and can't access her if need.

I currant no support service or no help when in sensory overload and people end up phone the police as well. The police put lots of vulnerable adult form within Vale of Glamorgan vulnerable adult and it doesn't go anywhere. I get promised will service but Vale of Glamorgan social service refusing even a united assessment of needs which have change.

I have end up in accident and emergency unit all the time and the lasion phytrict said that it not best place for me as it too noise and send me home all time.

I would also like a copy of any documents and consultation and I would like to speak someone about my experience be diagnosis with autism as adult.

I would like highlights that the national autistic society local branch don't allowed adults with autism to access their service as well.

Currant I no support for being diagnosis bye community mental health team at Amy Evans centre as they don't have a autism service.

I also think their such be for every individual a social worker given to autism adult how live in community without family support. Vale of Glamorgan council social services doesn't not see adult with autism need support as I have been left with support now.

With Cardiff and Vale uhb their such be a crisis support unit for both adult and children and they can access this direct after having being diagnosis. To get help and support when need or a place or safety when they hugly sensory overload and crisis support worker come out to them support via at home or safety enirovment but in mental health ward which doesn't understand .

When are signposted to another service you just given a book told to read it. This what happened to me by Vale of Glamorgan council adult autism advice I was given one meeting for an hour told to go away that all support they were going to give me.

When I was diagnosed at Amy Evans community mental health centre I was only given two appointments and on the second was told that I had autism spectrum disorders and given a book and discharged back in Cardiff and Vale UHB adult neuroscience department which with Cardiff and Vale UHB adult neuroscience department they don't have a neuro development unit for adult diagnosis with autism. I think my experience they need this with Cardiff and Vale UHB adult neuroscience department.

There are no clear pathways for adults how have been via newly diagnosed with a year or two and have currently have it.

There is a need for lots of training with Cardiff and Vale UHB for adults with autism with neuroscience department and seem children's services have everything for neuro development and neuroscience don't have anything neuro development for adults which seems really unfair what services they can access.

At present I find a huge amount of barriers within Cardiff and Vale UHB with neuroscience department not having a neuro development which affects all adults with Cardiff and adult neuroscience have the specialist for neuro development which this lack within Cardiff and Vale health board too.

When autistic adults put in complaints they don't listen to the autistic adult concerns with Cardiff and Vale health board too. They just push under the carpet saying that person has autism how they think which is not the truth all the time.

I would like to speak to someone about my experience and how I am treated as an adult with autism spectrum disorders with Cardiff and Vale UHB and with health professionals too.

I am willing to come down to the Welsh Assembly building have a face-to-face meeting with you who treat newly diagnosed adults with autism.